

Contact: Danis Russell, CEO Phone 810-257-3707

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FOR IMMEDIATE RELEASE

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**UPCOMING EVENT:**

**BULLYPROOF®: A CAMP FOR NONVIOLENT RESPONSES TO BULLYING**

Genesee County, MI – Genesee County Community Mental Health (GCCMH) often sees the effects bullying has on the children they treat. Low self-esteem, trauma and depression are just some of the effects that bullying has on children.

To increase the number of tools that parents have to work with their children against bullying, GCCMH will be bringing world-renowned anti-bullying expert and self-defense instructor Rener Gracie of the Gracie Academy in California to Flint to teach his Bullyproof® summer camp June 11-15.

“At GCCMH, we always look at prevention as well as treatment,” said Danis Russell, CEO of GCCMH. “This program is geared toward non-violent techniques to keep kids ahead of the game when it comes to dealing with bullies. They learn increased confidence, fitness, character development and non-violent self-defense. We are very excited to be able to bring an individual of Mr. Gracie’s expertise and reputation to Genesee County.”

This one-week camp is offered free of charge to Genesee County residents between the ages of 8 and 14. Applications can be found on the agency’s website: [www.genecmh.org](http://www.genecmh.org). or by calling Customer Services at (810) 257-3705, TTY 257-1346 or Toll Free (866) 211-5455. Due to the individual instruction offered, space is limited, so don’t delay. Applications must be received by May 15<sup>th</sup>.

# News Release



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Genesee County CMH provides services and supports to Genesee County residents who are adults and children with developmental disabilities, adults with serious mental illness, children with serious emotional disturbances, and adults and children with substance use disorders. For more information call Customer Services at (810) 257-3705.

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