

Money Saving Discounts for all HAP Members

With HAP Member Discounts, you get valuable savings on a variety of health and wellness-related activities and services. All you have to do is show your HAP ID card or use the promotion code where indicated.

You can also take your discounts on the go! The HAP Member Discounts mobile app sends you a mobile alert when you're near an eligible discount so you'll never miss out.

You can download it from **App Store** (<https://itunes.apple.com/us/app/hap-member-discounts/id1197033261?mt=8>) or **Google Play Store** (<https://play.google.com/store/apps/details?id=com.larky.hap>) app store. Use the access code **HAP815** to register for the app. Don't worry, we'll only ask for it once.

HAP members also have access to discounts for **shopping, museums and attractions and other services** ([plus.html](#)).

Participating businesses include:

Fitness & Wellness

Fitness & Wellness

- Bauman's Walking and Running Shop
- Bikram Yoga Midtown
- Chiropractors (HAP participating)
- Corporate Mind & Body Spa
- Crossfit Frostbite
- Fitness Works
- Forum Fitness Center
- Franklin Athletic Club
- Freeland Sports Zone
- Function 4 Life
- Gazelle Sports
- Grindtime Fitness
- Hansons Running Shop
- Henry Ford Audiology
- Henry Ford Health Products
- Henry Ford Ophthalmology
- Henry Ford OptimEyes
- Mid Michigan Fitness
- MoGo
- Runners Athletic Company
- Sola Life & Fitness
- The Wellness Outlet
- Tone 'N Shape Fitness
- TruHearing
- Vita Wellness Center
- Vital Performance Fitness
- Woodhouse Day Spa
- YMCA's of Metro Detroit
- YogaMedics
- YMCA of Greater Flint
- YMCA of Saginaw
- Z-Box Fitness

Nutrition

- The Better Health Store
- Dream Dinners
- Gourmet Everyday
- Zonya Health International

Weight Loss

- Medical Weight Loss Clinic
- Weight Watchers

Fitness & Wellness

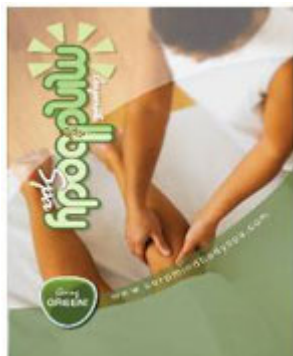


(<https://www.werunthistown.com/>)



(<http://www.bikramyogamidtowndetroit.com/>)





(<http://crossfitfrostbite.com/>)



(<http://zenboxer.com/HAP.html>)





(<http://gazellesports.com/>)



(<https://www.facebook.com/pages/Grindtime-Fitness/1529308634015420>)



(<https://www.facebook.com/pages/Grindtime-Fitness/1529308634015420>)



(<http://www.henryford.com/audiology>)



DEPARTMENT OF
OPHTHALMOLOGY





(<http://www.solafitness.com/>)



TruHearing[™] (<https://www.truhearing.com>)

THE WELLNESS
OUTLET

powered by motion connected

(<https://www.thewellnessoutlet.store/myaccount.asp>)



(http://www.henryfordwestbloomfield.com/academic_wbloomfield.cfm?id=50430)



THE WOODHOUSE
day spa® (<http://detroit.woodhousespas.com/>)



(<http://flintymca.com/>)

YMCA



(<http://www.ymcadetroit.org/>)

YMCA



(<http://saginawymca.org/>)







(<http://www.yogamedics.com/>)



Nutrition



 <p>(http://www.thebetterhealthstore.com/)</p>	<p>The Better Health Store (http://www.thebetterhealthstore.com/)</p> <p>The Better Health Store, your i source for better vitamins, sup natural foods and more. All pro quality ingredients, and and ar prices! HAP members receive merchandise in store locations: Discount can't be used in com other discount offers or coup include: Plants, beer, wine and</p> <ul style="list-style-type: none"> • Store discount code: 55 • Web promo code: HAP/
 <p>(http://www.dreamdinners.com)</p>	<p>Dream Dinners (http://www.dreamdinners.com)</p> <p>innovative concept in meal pre eliminates stress by taking awa question of - what am I going dinner tonight?</p> <p>Show your HAP ID card or sho receive 10% off any order of 30 more. Promo code: 10ANY201</p> <p><i>This discount does not apply to Sides, Kid's Choice, Chef Touc Desserts, Special Complete Me Premade Dinners and cannot i with any other offer.</i></p>

	<p>Gourmet Everyday http://www.gourmeteveryday.com HAP Members get a special 2 for 1 offer for their first purchase: buy one day meal program, get one free (con: meals, two snacks and a dessert). Gourmet Everyday is Metro Detroit's fresh, freshly prepared meal delivery service. We offer superior, quality food, along with personalized, convenient solutions that are healthy. Our team of nutritionists and award-winning chefs create delicious meals that are scientifically sound. Our entrees are prepared locally and delivered to your location of your choice. Gourmet Everyday is Michigan's easiest way to achieve your eating goals.</p> <p>Use code 2FOR1 at checkout. Offer good only!</p>
 <p>http://www.zonya.com/</p>	<p>Zonya Health International http://www.zonya.com/ - HAP Members are eligible to receive discounts on a variety of services (not including services or bulk quantities). Designed for individuals interested in weight loss, nutrition and healthy lifestyle.</p>



Weight Loss





(<http://www.mwlc.com/>)

Medical Weight Loss Clinic
(<http://www.MWLC.com>) - HAP members and their immediate family receive a discount on all program services at their 33 Michigan and Toledo, OH locations.

Since 1986, Medical Weight Loss Clinics have been providing customized medically-supervised weight loss services and helping patients reach their weight loss goals. They offer several weight loss



Weight Watchers
(<http://www.888-3-florine.com>)® - Get a 12-week Weight Watchers session for only \$99 including all apps and OnlinePlus digital tools. After the initial first session, the cost is \$119 for each 12-week session. Use promo code **HAPWW17**. Click [here](#) (<https://portal.hap.org/ww>) to register. HAP members will need to show their HAF ID card at the first meeting to qualify for discount.



Log in above to receive your discount or for more details.

HAP members also have access to additional perks for shopping, museums and attractions, and other services. Click [here \(plus.html\)](#) to view those.

We want to hear from you, so send us your **comments** (<https://www.hap.org/health/programs/advantage/contact.php>).

HAP Member Discounts is a value-added program and the services and products made available under this program are not covered benefits under Health Alliance Plan (HAP), subscribers' contracts or otherwise payable by Health Alliance Plan, Alliance Health and Life Insurance Company® or any other HAP subsidiary or partner.

HAP, its affiliates, subsidiaries, agents and assigns make no representations or warranties regarding the quality, price or effectiveness of the services or products or the credentialing of the providers made available by HAP Member Discounts.

HAP Senior Plus (HMO), (HMO-POS) and (PPO) members: The products and services described above are neither offered nor guaranteed under our contracts with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the HAP grievance process.