Subscribe to an RSS (Really Simple Syndication) feed.

Subscribing to this feed will ensure you are always notified when an update is posted to the website.

Go to the website:

At the bottom of the module you should see an icon like this: Click on it.
A page similar to the one below will be displayed. (If it does not, make sure you allow pop-ups from the website)

Click on the **Subscribe to this feed** link. You will see a window pop up like the one below:

Click on **Subscribe**.
It will set up the RSS feed in your default RSS feed reader. (If you use Microsoft Outlook as your default RSS feed reader, Internet Explorer will automatically add it there. See image below)